



Sade Sati Reading

Dear ABC,

Thanks for choosing <http://www.indastro.com>

We have been providing Astrology Consultation and advice on true Vedic principles since the year 2000. Over two million customers have benefited with our free and premium services till date. We have prepared SADE SATI REPORT

Please find the Sadhe Sati Reading for you given below:

I - What is Sadhe Sati:

Sadhe Sati is related to the current position of Saturn with respect to the Moon sign of your birth chart. Saade Saati is the period of transit of Saturn one sign behind, over the sign and one sign ahead where natal moon is placed. Saturn takes two and half years transiting over one sign. Therefore, it takes seven and half years of transiting the three signs therefore named as Saadhe Sati. It repeats after 29 years again. In between this period of these repetitions the two minor dhaiyas of Saturn – fourth from the Moon and eighth from the Moon – each of two and half years are also experienced.

Sadhe Saati is related with Saturn's transit over Moon. Saturn is the most mystifying of all planets. On one hand while it represents all that is wicked, base and brutal, on the other it is also an enormous benefic. At the mundane level it is total 'Tamasik' (Base and Gross), and at the higher level it is the greatest 'Satwik' (Pure and highest Soul). Saturn is the divine magistrate and the great preserver of law and order, who will punish us the moment we deviate from our intended life script. Saturn can represent death and the destroyer of all the things that we hold dear to us. Saturn will take away the dearest one from our life without notice; can turn the king into a pauper within a moment. Saturn wants us to understand that all these material paraphernalia of earthly power are meaningless, the only true thing in life is to be free and liberated from all desires and become a true Yogi. Saturn can be a very cruel teacher. It will give us all the trappings just to test us and then snatch it away within a moment, in case we deviate from the path of liberation, and have got trapped in all our material success.

If a person experiences long life then he will experience three sadhe sati in his life period. During the period between the two sadhe sati there occurs two shani dhaiya. When Saturn transits from the fourth house of the natal Moon sign known as Laghu Kalyani Dhaiya and the next is Kantaka Dhaiya – when Saturn moves from the eighth house of the natal Moon. Both periods are for two and half years approximately. The effect of these two periods are also similar to that of sadhe sati of Saturn.

II- Time Periods:

The moon of your birth chart is in Scorpio in Anuradha Nakshatra in Lagna. Now Saturn is going through Libra. It is the twelfth from Moon and your Lagna too because Moon is in Lagna in your birth chart. Moon is in 16 degrees and 5 minutes in Scorpio so when Saturn comes at 16 degrees and 5 minutes in Libra then begins the exact effect of Sadhe sati. The extreme effect will be observed when Saturn will be much close to the Moon.

There are three phases of sadhe sati - as Saturn moves two and half year in one sign and the sadhe sati includes the transit of Saturn in the three signs. Depending on the transit of Moon there are three phases of sadhe sati.

Phase I -one sign behind from the Moon – Since your Moon is in Scorpio thus the phase I includes the one sign behind i.e. in Libra.

Phase II- on the sign in which Moon is placed i.e. in Scorpio.

Phase III- one sign ahead the Moon sign i.e. in Sagittarius.

The date wise periods of the second Sadhe Sati are given below:

III- Effect Periodwise:

Saturn is leaving the sign Libra and entering Scorpio on 2nd November 2014. Then starts the period of Sadhe Sati for you. The effect of it will be more evident from 1st November 2016 when Saturn will be nearest to the same degree of that of Moon a sign behind. This is period of roughly seven and half years so called Sadhe Saati.

Effect during the Phase I

Overview

Contemplation of the meaning of your existence, accomplishments, and "failures" is the main focus when Saturn transits our twelfth house from the Moon. This transit marks the end of a cycle, which can most certainly bring with it a fair measure of confusion and discontent, especially at the beginning of the period. Saturn turns a critical eye to all that lies beneath the surface, and you are forced to do some serious "spring cleaning" of your psyche. During this transit, you will face your own demons the vague yet haunting fears that undermine you. We all have skeletons in our closet. What we don't always realize is that they can seriously undermine our happiness and well-being. Saturn sweeps through our "closet" the twelfth house and demands to take a hard look at what's been hiding in there. This process is certainly not comfortable. For most of people it could be, but getting rid of outdated attachments, and examining and discarding irrational fears, is not only necessary for further growth and development, it's ultimately a huge relief. The twelfth house in some ways is a dumping ground for things that have left "undone". Saturn here wants to sort through the junk and keep only those things that is truly needed for future development. This process can be rather lengthy and it can feel very slow, but if done properly, it can be most rewarding. It is possible to deal with endings rather than new beginnings during this transit, as you will shed outdated attachments and unconsciously prepare for Saturn's transit of the first house, when you will work diligently on your individuality and personal identity.

You will be markedly introspective at this time in your life. You may isolate yourself from others in some manner - a process that tends to come naturally. Health issues, generally of a psychosomatic nature, may come to the fore. You may be attracted to alternate ways of living, and to self-study fields, such as psychoanalysis.

Important elements of your life may begin to pass away. Any project not being completed will be finished by the compelling circumstances. You will not receive cooperation from people inspite of your handling them best, they will tend to withdraw from you. You have to observe and recognize. Your efforts will not bear fruits. Govt. disciplinary actions can be expected. Changes in life and surroundings.

Danger, accidents, mental agony, worries, heavy expenditure will be experiences you will have. Also loss of wealth, danger and loss through enemies and opponents, litigations, family quarrels, unpleasant journeys, displeasure and domestic disharmony will be the result of this transit.

Till May 2012, circumstances may urge you to great effort and hard work. Things are working with rather than against you, so don't hold back. However, don't overdo and try to go too far too fast. Let things take their natural course, which should be an easy one now. Outer circumstances are favorable, and it should be easy for you to push forward in projects and in all aspects of your life. Things may seem almost magical in the way they work out in your favor. A great time to organize and get things accomplished.

Period wise Analysis:

September 2012 onwards - outer circumstances and the flow of events make it easy for you to make clear decisions, see the road ahead, and move forward. Things may seem to fall in place, and progress is easy. Be careful not to overextend or bite off more than you can chew. The end of the year 2012 the circumstances may augment and stimulate appreciation and enjoyment of your life situation. Your system of values may deepen, providing you with a better sense of discrimination and good taste. Purchasing, selecting colors, and so on are at a high. disturbance in family matters and also financial loss/theft or high expenditures. It will be difficult for you to manage your funds or you may have to withdraw some amount from your deposits.

June 2013 to November 2014 – the period when you will face sudden obstacles in your endeavors. Not a good period for any one of your parent. Low vitality and tensions will prevail. intimacy with partner will also hamper. There may be fear of getting hidden issues come into public. Trouble to or from partner. During this period your faith and ideas will be tested. You will not feel in harmony with others. Travel will make you feel exhausted. Loss or theft in travel. Problems of health to father.

You will be facing obstacles regarding flow of income. Issues regarding money matters or joint resources including inheritance, insurance policies etc. may surface up. Anything that will be in progress will face delay and in some processes it may revert back with no result. Physical intimacy will also face some reversion. If you face some dissatisfaction with your partner then don't take it as ultimate. The things will resume back again. Take this phase as analyzing your mistakes or carelessness and the points where you need to make amendments. The process may sometimes include self critical analysis and sometimes with humiliation but this is only the breaking of self ego that will be hurting. Once you amend yourself according to the requirements the results will be in your favor. If there is any hidden secret then there is possibility of that to be leaked out causing frustrations and strained relations.

Effect during the Phase II

Overview

During this phase Saturn is moving towards the Moon. Though this is the peak of Sadhe Sati but the results felt will be not as dreadful as it could be if Saturn has not spared some Ashtaka Varga points in the Lagna. Saturn is ruler of the third and fourth houses and given good points in its ashtaka varga thus it will give good results in its sadhe sati here. There is possibility of gain of responsibilities, getting favor or honour in public. It is also possible that you may receive some recognition that will help you to establish your good reputation in your career stream.

An increased awareness of the flaws or weaknesses in the support system is likely now. This can lead to some feelings of isolation or a feeling of being un-parented and alone in this world. The purpose of this period is for recognizing how our emotions that are not being met, acknowledged, or supported is negatively impacting our lives, and for taking steps to change that.

This is a strong period for introspection. You might discover that you have not left enough doors open to inner worlds, or that we have not been supportive of others in tangible ways. This may be the reason that you will be not getting back what you want from important people in your life. Or, you may come to the realization that you have been overdoing your support for others and ignoring your own needs for nurturing, support, compassion, and love. Steps need to be taken now to strengthen your ties to others by first working on yourself.

Demands from family and loved ones might be, or seem, greater now than usual. Or, you might be pulling yourself back from others, perhaps in self-pity or due to fear that your needs will not be met. If you are going through a self-pitying phase, allow it to happen for as long as it serves its purpose. Sometimes you can draw great strength from these phases. In fact, this transit eventually leads us to discover our own inner courage and strength. Take some time to be alone, to reflect, and to understand what it is you want back from life on an emotional level. Deeply ingrained personal habits are also something to re-assess. Some might need to be left behind in order for you to move forward in a healthier manner. You might feel a little hardened or toughened up, but as long as this puts you in a more realistic state rather than a resentful one, this may not be such a bad thing. In fact, it may very well be exactly what you need right now.

Since the chart is Scorpio rising indicates that you keep your emotions to yourself only unless and until you have faith on the person- you don't share your feelings. You will be more sensitive or seeking and searching for answers- a time of deeper understandings about the spiritual issues of life. Conflicts and issues concerning materialism and idealism. Extraordinary abilities combined with neurotic and obsessed behavior. It is time to discover your place in the Universe and understand your own priorities in regards to what you are and are not responsible for. Great works of arts can be accomplished under this period of Sadhe sati.

Period wise Analysis:

November 2014 to April 2016- This period represents the combining of the real with illusion. Consequently, it is a time when you are likely to be confused or disillusioned about many aspects of your life. You may have a lot of self doubt and lack self confidence. Because you are not sure what is real in your life, especially in your relationships and in what is expected of you, you may have a tendency to be gloomy in your perspective and suffer from anxiety. If you are a secure individual, this can be a time when you are able to see past materialistic concerns. You can be capable of great sacrifices for the benefit of the greater good, or you could become a martyr for a cause.

April 2016 to October 2017- A period of major changes of life. this period will be marked in your life and these changes would leave a great impact on life. though these changes would not be positive in all dimensions. The areas in which changes are expected to be felt are in finances, career and family. these are the main axis of life thus these changes will affect in the coming phase of sadhe sati too much. Since the next phase is not so much promising thus you are suggested to be prudent and avoid taking risk in any financial area of profession related matter.

At this time, intentions that you have had in the past may be running at odds with what you are doing now. You may find that you have to adjust your goals to suit the more realistic expectations that you are aware of now that weren't apparent to you in the past. On the other hand, it is possible that the events of this time may take you completely by surprise and you could be met with an impasse that leaves you feeling uncertain of your direction in life. As such it is common to change careers or have a significant restructuring of your daily life at this time.

Effect during the Phase III

Overview

While a certain level of introspection marked the Sadhe sati at the phase II, Saturn's movement into the second house from the Moon marks a new stage of taking stock of the effectiveness, self-worth, and finances. This stage of life is often marked by hard work. It is a practical time in one's life. Financial success may not be remarkable, yet it is generally steady, if slow to come by. This period has traditionally been associated with financial loss, but in truth, it is more about our perceptions—we are apt to review how effective we have been on a financial level to date, and find some dissatisfaction with our progress. In fact, gains may be slow, but sudden reversals are not common with this transit. The purpose of this period is for you to make the connection between your own feelings of self-worth and what you produce in the real world/get back from the real world. As with all Saturn transits, at the outset, you might reach out and look for validation from the outside world and from others, and find something lacking in so doing. The initial sense of feeling unsupported can be discouraging (many of us think on the lines of: "I work so hard, and what do I get for all this hard work?"), but as the transit of Saturn moves forward, you learn to look inside of yourself with a newfound clarity and realism and ideally draw up considerable strength from within. You work on your effectiveness in the world, and see exactly what has been holding you back from achieving the results you want. The challenge here is to capture the newly found and defined self-confidence you gained from the first house transit, and now apply it in the real world.

Period wise Analysis:

October 2017 till April 2018- This is a time when you may have to slow down expansion and be more cautious. It may be that you feel that you have overextended yourself financially or otherwise. You may feel repressed and want to rebel against restrictions. Often this is an indication of a change of employment or residence. The demands of a job or loss of income may have you withdrawing from social activity for a while. Watch a tendency to feel depressed or get pessimistic about your prospects. Spiritually, you may experience a crisis of faith.

April 2018 to August 2018- This is often a period of cooling off in your relationships. You may feel like you are very unpopular now, with few invitations to parties. This is a period of examination during which you seek to make your relationships more relevant to who you are as a person. Often you find yourself tied up to social obligations that you find onerous and would rather be free of. In some cases, important relationships like a marriage may break up and you may feel lonely and isolated. Financially you may need to be conservative because of austere circumstances.

August 2018 to July 2019- lot of confusions and anxiety prevails especially with your seniors and career related matters. What you will do or communicate may be wrongly interpreted. Avoid ego and don't take things personally as this time is teaching you how to manage the things and by these obstacles you will learn how to handle the things in your area. These things will add to your experiences.

July 2019 to April 2020 - This is a period when your responsibilities seem to encroach upon your freedoms. You may be stuck in a rut that may be comfortable in the sense that the lack of change provides security, but is not fulfilling because it is stale or too confining. You may be forced to accept difficult work conditions for the sake of security or forego employment in order to escape the stresses of your job. At this time you are likely to keep things the same because you do not see how you could change things for the better. You may keep an old job because of the uncertainty of finding a new one.

IV- Remedies to reduce the ill effects of Sadhe Sati:

The scriptures give many such measures involving alms giving, worship, keeping fast, Mantra chanting, wearing the gems etc. as could be effective in mollifying Saturn's evil effect. Vedic remedies of Saturn are given below:

1. Treatment through incantations (Mantra)

Employ some learned Brahmin or if you do yourself do this way: the Saturn's Mantra:

'OM PRAM PREEM PRAUM SAH SHANAYE NAMA'

Should be chanted 19,000 times in 40 days.

To get benefic effects of Sade-Saati on health, mental peace, family happiness, finance and profession you are suggested for Maha-mrityunjaya Japa. Get the following mantra enchanted for 125000 times.

2. Gem and Metal Therapy

Wear a Neelam (blue sapphire) embedded ring or made of Triloha (metal) after its due sanctification. Also wearing a locket with Neelam, Amethyst hanging in the centre round your neck can also do the needful. Make a ring of the iron horse –shoe (of a black horse) or from the nail of an old boat. Soak the ring from one Saturday to another in mustard oil. Wear it at sunset on the Saturday after chanting the Saturn Mantra for 108 times. The ring should be worn only in the middle finger. The ideal Muhoorta is wearing it under Pushya, Anuradha, Uttarabhadrapada or (Saturn) under Rohini asterisms. This 'Saturn – ring never causes any damage.

3. Fasting Regimen: highly recommended

Keep fast on Saturday and have only one meal after sunset. These fasts are kept for removing the ill effects of Saturn in its major period or in Sadhe Saati.

Actually these fasts are kept during the whole period when Saturn is active. Since it is difficult for some people to observe the strict rule of fasts and the period generally runs for a longer time, so the period is reduced to its ratio of seven and half days per year.

You can keep fast for consecutive seven full days of Saturdays and the eighth Saturday should be kept half day. Break the fast after performing prayers to Shani Dev preferably in temple. It may include donation of Shani articles like mustard oil, black sesame and apologies for the known and unknown ill karmas done by you.

[Because Saturn is planet of punishment and gains its strength in Libra whose symbol is scales- it scales the evil and bad karmas and punishes the person.]

You can keep fast for consecutive seven full days of Saturdays and the eighth Saturday should be kept half day. Break the fast after performing prayers to Shani Dev preferably in temple. It may include daan of Shani articles like mustard oil, black sesame and ask sorry for the known and unknown ill karmas done by you. [Because Saturn is planet of punishment and gains its strength in Libra whose symbol is scales- it scales the evil and bad karmas and punishes the person.]

The rules observe in this fast is that the priority is given to Shani strotra [attached herewith] and the Shani katha [story] to be recited strictly when observe fast.

You can pray Shani Dev by keeping its photo in peaceful pose [shani Dev has two forms- one is when he is in peace sitting on his throne and the other is Raudra means in anger.] or preferably you can keep shani yantra in front of you.

Perform prayer of Shani Dev by offering him black sesame, violet flowers [if not available then you can use red rose or marigold but never use white, pink or cream flowers] and offer panjiri.

After performing pooja you can apply some of the oil from the lamp to the parts you may be suffering from the pain. It proves to be useful.

You can eat the panjiri you kept while performing prayers, take milk, tea, fruit etc till sunset.

After sunset you can take normal satwik food i.e. food excluding onions, garlic, tomatoes, etc.

The photo of Shani Yantra is attached here with. You can take out the print of it and frame it to stand.

4. HIGHLY RECOMMENDED: Recitation of Dashratha Shani Stotra daily till the end of shani sadhe sati. [attached herewith].

5. Alms-Giving:

When breaking the Saturn – fast some almsgiving must be indulged in: Donate black blanket, urad dal, black tils, oil, leather sandals and dark piece of cloth, coarse cereal or some iron utensil to a deserving person.

6. Other Remedies :

- (a) Wrap a raw cotton thread seven times round a peepal tree (the holy fig tree) on a Saturday evening and recite the mantra for Saturn. Light a lamp with mustard oil under the tree and seek forgiveness for any misdeed done knowingly or unknowingly in the past.
- (b) Measure a black thread equal to 19 times the length of your hand and wear it like a garland.
- (c) On Saturday bury in an un-tilled place a sweet made of urad pulse, sesame, oil and jaggery.

Best Regards,

Pt. Punarvasu

[Click here](#) to upgrade your Membership. Upgrading to Paid Membership will get you monthly consultations at huge discount and many other benefits.

You may also like:

[Detailed Horoscope Reading](#)

[Career Analysis Report](#)

[Composite Astrology report](#) (a more than 40 page life report for you)

Please Note: All predictions and opinion provided are based on the birth data provided by the querist. Any discrepancy or doubt about the birth details can render the entire opinion unreliable.

[You may also be interested is](#)
[Our other Consultation related reports](#)

[Specific questions](#) [Career-questions](#)
[Health –questions](#) [Urgent Questions](#)
[Love Questions](#)

www.indastro.com
Indianet Consultants,
D-19 & 31, South Extension - 1,
New Delhi- 110049, India.
Tel: +91 11 2465 4365,
ccare@indastro.com

Now Consult Our Astrologer Live on Phone/Video/Web Chat
For Personal Consultation. [Click Here](#)